

TRADER KITCHEN

Homemade Baos

HERB CRUSTED TOFU (VG) <i>Caribbean curry, soused cucumber, chillies, coconut, herbs</i>	5
CRISPY CHICKEN <i>cheese, Alabama white BBQ sauce, caramelised onions</i>	6
JERK LAMB <i>pineapple, coriander dressing, lime</i>	6

Wings & Florets

SMOKED BUTTER HABENERO (GF) <i>free range wings, herbs, pickled onions</i>	7
CARAMELISED CAULIFLOWER 'WINGS' (GF) (VG) <i>tahini, herbs, chilli, caramel</i>	6
THE SHEERAH (GF) <i>free range wings, garlic, parmesan, herbs</i>	7.5

POSH Hot Sandwiches

THE P. BELLY <i>slow cooked pork belly, feta, baja sauce, mango, slaw, tortilla</i>	8.5
THE TANDOORI (VG) <i>handmade cauliflower samosa, pickled cucumber, spiced lentils, mint dressing</i>	8
DUCK TALES <i>confit duck wontons, plum dressing, herbs, chilli, pickles, cucumbers</i>	9

Burgers (GFO)

Served with triple x chips

THE KANSAS <i>BBQ chicken, creamy slaw, baby gem, pickles</i>	13
THE ATLANTIC <i>grilled cod fillet, Cornish crab, cider & chilli glaze, dill, pickles, slaw</i>	15
THE B62 <i>handmade beef patty, Blackheath stout glaze, blue monday butter, caramelised onion</i>	14
BEATS BY ROOTS (VG) <i>handmade beetroot & carrot patty, beetroot salsa, chive & garlic dressing, caramelised onion, root veg crisp</i>	13

Trader Eats

CAJUN SHRIMP & GRITS (GF) <i>blackened shrimp, creamy grits, spicy sausage, tomatoes, sweet peppers, lime</i>	16
RUSTIC SPAGHETTI AL POMODORO (VG) (GF) <i>basil, chilli, roasted tomatoes, balsamic</i>	13
FLAT GRILLED SHORT RIB (GF) <i>gochujang sauce, herbs, sesame, pickles, slaw, triple cooked chips</i>	17
IPA BATTERED FISH & CHIPS (GFO) <i>line caught haddock, triple cooked chips, tartar, garden peas</i>	15

Chips & Dips

TRIPLE X CHIPS (GF) <i>add Cajun spice</i>	4 .75
LOADED CHIPS (GF) <i>cheddar, spring onion, guacamole, salsa rojo, re-fried beans, jalapenos</i>	7

ADD	
<i>baja sauce</i>	1
<i>Alabama white BBQ sauce</i>	1
<i>aji amerillo sauce</i>	1

Afters

FROZEN YOGHURT <i>granola, fresh berries</i>	5
RUM BABA <i>Mount Gay rum, pineapple, coconut, raisins</i>	6
DARK CHOCOLATE BROWNIE (VGO) (GFO) <i>vanilla ice cream, berries</i>	6

(V)VEGGIE FRIENDLY
(VG)VEGAN FRIENDLY
(VGO)VEGAN OPTION
(GF)GLUTEN FREE
(GFO)GLUTEN FREE OPTION

*Please notify us of any allergen requirements.
We will always do our best to take care of any other requests.*